

राष्ट्रीय इलेक्ट्रॉनिकी एवं सूचना प्रौद्योगिकी संस्थान (रा.इ.सू.प्रौ.सं.)  
National Institute of Electronics and Information Technology (NIELIT)  
(An ISO 9001: 2015 Certified Organisation)

इलेक्ट्रॉनिकी और सूचना प्रौद्योगिकी मंत्रालय, भारत सरकार  
Ministry of Electronics and Information Technology, Government of India

File No. E8004- International Yoga Day Celebration/547

Dated: 19<sup>th</sup> June 2024

**OFFICE MEMORANDUM**

NIELIT is celebrating the 10<sup>th</sup> International Day of Yoga (IDY) with the theme "Yoga for Self and Society" on Friday, 21<sup>st</sup> June 2024, 07:30 AM onwards.

2. The programme details are as under:


**Venue:** Basement1, NIELIT Bhawan, PSP Pocket, Plot No 3, Sector 8, Dwarka, New Delhi, 110077

**Date:** 21st June, 2024

Time	Programme
07:00 AM to 07:25 AM	Distribution of Yoga Kit at the reception area
07:30 AM to 08:30 AM	Yoga Session by Dr. Anjana Mishra and Mr. Sandeep Kumar Mishra
08:30 AM to 09:30 AM	Refreshments at the Canteen Area

3. All Officers and Staff of NIELIT HQs (except the ones who have been directed to attend the event from MeitY) are requested to participate mandatorily in the International Yoga Day as per the above schedule.

This bears the approval of the Competent Authority.

  
(Rajneesh Kumar Asthana)  
Registrar

To: All Officers/Officials of NIELIT HQ

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- Webmaster, NIELIT HQs- for uploading the OM on the website of NIELIT Headquarters
- Hindi Section-For issuing the Hindi translation of this OM

Copy for kind information to: DG NIELIT