

National Institute of Electronics and Information Technology



"Empowerment and betterment of Life through Usage of Technology"



Project Sponsored By MeitY





Background

- 1. For all the talk of India's demographic dividend, its bulging youth population, the country is also greying rapidly.
- 2. As per Population Census 2011 there are nearly 104 million elderly persons in India; 53 million females & 51 million males.
- 3. A 2015-16, <u>All India Senior Citizens Confederation</u> survey shows that 39% have been either abandoned or live alone & 60% elderly people living with families face abuse & harassment.
- 4. Senior citizens are victims of crimes against body, crimes against property and economic crimes.
- 5. Usage of mobile applications can result in a feeling of seamless family bonding and can also lead to significant savings, hassle free Bill payments/Utility Services resulting in improvement quality of lives and comfort level of senior citizen's.
- 6. Prevalence of various diseases especially hearth related among elderly population is very common.
- 7. There are number of Government schemes in place but there is lack of awareness regarding these initiatives & schemes and also there is a need to promote holistic policies and programmes for dealing with ageing society.







राइ.सू.प्रौ.सं NIELIT

Some Facts

- The UN General Assembly declared <u>1999 as the International</u> <u>Year of Older Persons</u>.
- The United Nations General Assembly, designated <u>June 15 as</u> <u>World Elder Abuse Awareness Day</u>.
- The National Policy on Older Persons (NPOP) was announced in January 1999 to reaffirm the commitment to ensure the wellbeing of the older persons.
- Around 1 in 6 older people are experiencing some form of abuse. The promulgation of <u>The Maintenance and Welfare of</u> <u>Parents and Senior Citizens Act, 2007</u> and the Draft – <u>National</u> <u>Policy for Senior Citizens, 2011</u> are recent successes in the Elder Rights areas.
- Old parents can legally stake claim to financial aid from their grown-up children for their survival and a denial would invite a prison term.
- ✤ A senior citizen can reclaim his property from the transferee.
- Abandoning a senior citizen in any place by a person who is having the care or protection of such senior citizen is a criminal offence and such person shall be punishable with imprisonment.





Ancient Philosophy speaks of Ashramas

- 1. Jara (old age) one of the four reasons of Buddha's penance
- 2. Vedanta argues to attain Moksha through Ashrama specific Purushartha.
- 3. Moksha freedom from miseries of life-cycle including those of old age.
- 4. Joint family ensured the process of life long care giving Ageing – In Indian Tradition







1. Usage of Smart Phone

Background

- 1. Smartphones are meant to make life easier, and if there is one age group that would really benefit from the ease-of-use and efficacy that most smartphones offer it is, in fact, seniors!
- 2. There can be resistance from older members of society when it comes to using today's newest unlocked android smartphones!
- 3. Why Do You Need A Cell Phone?
 - i. Making emergency phone calls
 - ii. Video chatting with grandchildren
 - iii. Using GPS to help navigate when driving or walking
 - iv. Checking the weather on the go
 - v. Monitoring health through apps
- 4. In essence Cell phones can empower older adults to live more independently, secure in the knowledge that help is just a quick call away.
- 5. We strive to help you and prepare everything you need to live a comfortable, happy life as you age.

Contact Management

- 1. A **contact manager** helps to easily store and find contact information, such as names, addresses and telephone numbers.
- 2. To save a new contact : Dial a number you wish to save on your Phone -> Click on the left side key (top) -> Select new contact option -> Enter the details (name, email, company name etc.) -> Select Options -> Click on Save the contact.
- 3. You can Save contacts to your **SIM or phone**. The benefit of saving directly to the SIM is that you can take out your SIM and pop it into a new phone and you'll instantly have your contacts with you.
- 4. The Contact can also be stored on a Google Account
- 5. Speed dial is a function that allows a user to place a call by pressing a digit. This function is particularly useful for phone users who dial certain numbers on a regular basis.

Sending/Viewing of SMS

- **1. SMS**, as used on modern devices, originated from telegraphy.
- 2. The **SMS** receives verification that the message was received by the end user.

Handling Cameras

Cameras

- 1. Start the **Camera app** \rightarrow
- 2. Ensure that the camera mode is set to single shot. The Camera app shoots both still.
- 3. Point the camera at the subject. images and video
- 4. Touch the **Shutter icon**. The phone makes a noise when the picture is snapped.

Video Call Using Smartphone

Torch

Mobile Torch- Free Flashlight instantly turns your device into a bright flashlight. The ultimate lighting tool takes full advantage of the LED Flash light. Strobe/Blinking Mode is also supported.

Mobile Torch- Free Flashlight is a simple, free flashlight app with Camera Flash light.

Drag down from top of screen

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cricket

Drag down from bottom edge of notification board

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Wi-Fi, Mobile Data, Bluetooth

Wi-Fi Hotspot, Mobile Data?

- Wi-Fi Hotspot is something that allows you to access the internet has a wireless connection called WLAN.
- Portable Wi-Fi Hotspot. By creating Wi-Fi hotspot you can access the internet on more than one device simultaneously.
- **3.** To turn on/off mobile data, pull down your notification bar and open up Settings.

Searching Using Browser

- **1. Open an Internet browser** application on your computer. Visit the **Google homepage** in your browser.
- 2. Click the "My Account" button on the right side of the page.

Google Assistant

- 1. Google Assistant is activated by doing a long hold on the home button or home icon of your phone.
- 2. Hold the button, and Google Assistant will ask you to speak what you want.
- 3. It will begin the search process.
- You should also be able to trigger Google Assistant to launch by saying "OK Google" followed by your query.

Storing and Playing Music

Play Music in your Phone

- Go to your device's main
 Settings menu.
- 2. Under "Accounts" select Google.
- 3. Select the account you use with **Google Play Music**.
- Scroll down to Google Play Music and make sure the checkbox is checked.
- 5. If you don't see Google
 Play Music listed, make
 sure you're signed in
 to Google Play Music using
 the same account.

Google Maps

How to Use Google Maps

1. Google Maps is an incredibly versatile tool that makes it quick and easy for users to find their way from point A to point B whether that's a quick jaunt down the street or a cross-continental trip.

Google Maps

2. To get the **Google Maps app** for your phone, download it for free from your preferred app store

Emergency Services

- India's all-in-one emergency helpline number '112' was launched in states wise and Union Territories.
- 2. The **112** emergency helpline numbers would provide immediate assistance to services like police **(100)**, fire **(101)**, health **(108)**, women's safety **(1090)** and child protection.
- 3. Panic call feature in India's all-in-one emergency helpline number
- 4. 112 emergency helpline has another unique feature:
 - a. For smart phones: In any emergency situation, you need to press the power button three times quickly on your smart phones to activate a panic call to the Emergency Response Centre (ERC).
 - b. For normal phones: You need to long press number '5' or
 '9' to activate a panic call through your normal phones.

2. Usage of Financial Transactions

Benefits of Online Shopping

1. It saves time!

- 2. Shop from literally **anywhere** in the world.
- 3. Allows you to buy stuff that's not available in local city.
- Prices can be compared and best promotions and discounts can be availed.
- 5. Better decision using **reviews**.
- 6. Saves energy and cost.
- 7. Delivery at place of our choice.
- 8. Easier **refund** process.
- 9. Flexible payment options.

	पे		SBI Pay	Maha BHIM
BHIM - MAKING IN National Payments Com ****	PhonePe - UPI Pay PhonePe ****	BHIM United UPI P United Bank of India ****	BHIM SBI Pay: UPI State Bank of India	BHIM Maha UPI Bank of Maharashtra ****
paytm	G Pay	F		
Mobile Recharge. U Paytm - One97 Commune * * * * #	Google Pay (Tez)	FreeCharge - Recha FreeCharge * * * * *	BHIM Cent UPI CENTRAL BANK OF INC ****	BHIM BOI UPI Bank of India Official * * * * *
AXIS PAY	HI TRACASH		[M]	BHIMP

How to install BHIM app

- 1. Download BHIM app from Google Play store.
- 2. Once installed, open the app. It has a very simple user interface.
- 3. The app will now verify your phone number by sending a message to its servers.
- Once the number verification is done, it will ask you to set up the BHIM PIN. This is actually the UPI PIN. Set it up.
- 5. The app will now show you the list of banks. Select your bank from the list. Using your phone number, the BHIM app will automatically fetch the details of your bank account.
- The app will also generate a QR code for your ID as well as give you the UPI ID using your number that you can pass around to make transactions.

Why Debit/Credit Card is Required?

- 1. Avoid fees and service charges.
- Stay accountable for your spending.
- 3. Faster payments mean better budgeting.
- 4. No interest charges.
- 5. Security.
- 6. Debit/Credit cards are linked to interest-earning accounts.
- 7. Bank and Merchant Rewards.

Payment through Debit Card

Select type of card

Enter cardholder name ,card number and Expiration date in front side of given card

Card code is CVV a 3 digit number on back side of card

1234 5678 90 1234 5678 90 1239 124 124 124	La BASE	
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Amount: Please enter your credit of Cardholder Name kalyan Card Number xxxxxxxxxxxxxxx Expiration date August Card Code (typically on back of your	r debit card 2022 ur card)	₹ 257.70 I informat

Continue

Back

Payment through Debit Card

OTP will be sent to your registered mobile number with bank account

Enter OTP and tap on make payment

After successful payment receipt will be generated

Verified by VISA	O SBI
Merchant	: IRCTC Mobile App
Transaction Amount	:₹257.70
SBI Debit Card	×xxxxxxxxxxxxxxxxxx
Authenticate Payme	nt
OTP sent to your mobile	e number ending xxxxxxxxx
Enter One Time Passwo	ora (OTP)
Ma	ake Payment

Use of Debit card in Shops

- 1. Insert your card
- 2. Check the amount if it is correct.
- 3. Enter PIN
- 4. Press Green Button.
- 5. Check for the amount deducted in slip

Use of Debit Card in ATM

- 1. Insert your card.
- 2. Enter 2 digit number and make sure it is clearly visible.
- 3. Select type of account.
- 4. Enter your PIN
- 5. Enter amount.
- 6. Finish the transaction

Online Bank services

Steps to pay using YONO app

- 1. Open YONO app and login using your user ID and password
- 2. Go to 'Credit Cards' and select the SBI credit card towards which you wish to make the payment
- 3. Click on 'My Relationships' option and select 'Pay Now' button
- Select the SBI savings/current account from which you wish to make the payment
- Select the payment amount Total outstanding or minimum amount due or any other amount
- 6. Click on 'Pay Now' to complete the payment

Safety tips while using Payment Wallet/UPI

- 1. Lock the mobile wallet app.
- 2. Do not save card details.
- 3. Install app lock in mobile.
- 4. Beware of engaging with fraudsters.
- 5. Be alert to transfer unknown requests on **UPI**.
- 6. Avoid clicking on Spam warnings.

Bank employees will never ask for your Password/ PIN/ OTP/ CVV/ Card Number

Sharing your details can lead to transfer of money from your account.

3. Bill Payment and Utility Services

PAY

Bill Payment in IRCTC

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Plan My Journey

Click on plan my journey to book ticket

Enter Source(From) and Destination (To) and tap on search trains

Cancel Ticket Refund History File TDR Show Less . Select the train in which you need to book seat

IRCTC RAIL CONNECT

My Bookings

PNR Enquiry

< .	TRAIN LIST		
Sort By Departure Time	e 💛 Quota General	~	8
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Aurangabad (AWB)	MTWTFSS	C Shive	iji Mah T (CSMT)
DEVAGIRI EXP (7058)		20
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Aurangabad (AWB)	MTWTFSS	C Shiva	iji Mah T (CSMT)

Bill Payment In IRCTC

Select the class and date

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1A 28 Feb, F 29 Feb, S 01 Mar, S 02 Mar, N 03 Mar, T	2A Fri Gat Gun Mon Tue	3A	SL	RLWL59/WL40 CNF PROBABILITY RLWL49/WL39 CNF PROBABILITY RLWL73/WL59 CNF PROBABILITY RLWL30/WL23 CNF PROBABILITY RLWL19/WL13 CNF PROBABILITY

Fare Breakup 🔺

Add Passenger Details Click on Add New

Bill Payment In IRCTC

Review Journey & Proceed to Pay

REVIEW JOURNEY DEVAGIRI EXP (17058) RLWL59/WL40 GN Fri, 28 Feb Sat, 29 Feb 07b.45m 23:25 07:10 Aurangabad (AWB) C Shivaji Mah T (CSMT) 1 Adult , 0 Child | Sleeper | General | Aurangabad(AWB) | 28 Feb 2020 23:25 PASSENGERS DETAILS 1) KALYAN 30 yrs, M. MIDDLE Your eticket will be sent to charansurya757@gmail.com and +91-7893503720 By clicking "Proceed To Pay", you agree to our Terms & Conditions. ₹257.7 ₹ 257.70 Proceed to Pay Fare Breakup 📥

Select the payment option Debit card or BHIM

SELE	CT PAYMENT METHOD	
WALL	ETS	~
MULT	IPLE PAYMENT OPTIONS	~
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0	Wallet / Credit & Debit Card / Net Banking	
0	Credit Card / Debt Card / Net Earsting / Wallet	
0	UPI + BHIM · Google Pay - Credit/Debit Cards - Netbanking	
0	PhonePe BHIM UP1/ Credit & Debit Card / Walter	
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Con Dah	at Carder All for Amt unto \$ 100000 For Credit Carder	106 of

Pay #257.7

Bill Payment In MAHAVITARAN

Tap on Don't have account? Sign Up

Create a login name like ABC123 and password at least of 6 characters without space

Enter the registration details which includes Consumer no, Mobile no and Email id

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	Login
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	Don't have account? Sign Up
	Apply for New Connection
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Login N Passwo	ame" rd* id must be at least 6 characters long and must not contain a space
Login N Passwo Note Passwo character	ame" ord* Ind must be at least 6 characters long and must not contain a space Password*

Login

Bill Payment In MAHAVITARAN

After successful completion of Registration you will find home page

Click on View/Pay bill option

Electricity bill with respect to customer number is displayed

Tap on pay bill option

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\$	11 🚮 💰 5:50 PM
<->	Bill
Electricity Bill	A Contract of the second second
Name	SHRI DESHMUKH SHANKAR CHANDAKANT
Consumer Number	338510691450
Bill Unit	6335
PC	2
Bill Month	AUG-15
Bill Date	20-AUG-15
Bill Amount	Rs. 1450
Bill Due Date	09-SEP-15
Bill Amount After Due Date	Rs.1480
Prompt Payment Date	29-AUG-15
Bill Amount with Prompt Payment Discount	Rs. 1440
Mobile No :	9999999999
	Pay Bill

Bill Payment In MSRTC

Enter Source, Destination & Date of travel

1. List of buses satisfying the options will appear.

SHIVAJI NAGAR PUNE

SHIVAJI NAGAR PUNE

2. Select any service from the list

	SRTC Mobile Reservation
	 AURANGABAD(AURANGABAD - AURANGABAD - AURANGABAD) - PUNE(PUNE - PUNE - PUNE) Journey Date: 02/03/2020
Q Search Buses	04:30 SHIVSHAHI Route : CIDCO AURANGABAD to SHIVAJI NAGAR PU
O Services / Without	05:15 ORDINARY EXPRESS Route : SILLOD to SHIVAJI NAGAR PUNE
· adurce / winger	05:15 SHIVSHAHI Route : AURANGABAD to SHIVAJI NAGAR PUNE via SWASTIK STAND
♥ Destination / पर्यंत	07010000000000000000000000000000000000
🛗 Date of Journey / प्रयासाची तारीख	05:30 SHIVSHAHI Route : CIDCO AURANGABAD to SHIVAJI NAGAR PU
	05:45 ORDINARY EXPRESS Route : AURANGABAD to KAGAL
ALL	06:00 ORDINARY EXPRESS Route : JALNA to NEW SHIVAJI NAGAR PUNE
	06:00 ORDINARY EXPRESS Route : PARTUR to NEW SHIVAJI NAGAR PUNE
Search Bus / बस शाधा	06:00 ORDINARY EXPRESS Route : KANNAD to SHIVAJI NAGAR PUNE

Bill Payment In MSRTC

Verify the route & tap on select seats

	CIDCO AURANGABAD to SHIVAJI NAGAR PUNE
1	Journey Date : 02/03/2020 04:30:00
3	Bus Type : SHIVSHAHI
2	Boarding Stop : CIDCO AURANGABAD(04:30)
	Alighting Stop : NEW SHIVAJI NAGAR PUNE(09:40
*	NEW SHIVAJI NAGAR PUNE (09:40)
	Select Seats / जागा निवडा
	lact the seats & click on next

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	38	37			

Enter passenger details & click on proceed

3	Passenger Info	
=	Route : CIDCO AURANGABAD to SHIVAJI NAGAR PUNE(02/03/2020 04:30:00)	
	Boarding Stop : CIDCO AURANGABAD(04:30) Alighting Stop : NEW SHIVAJI NAGAR PUNE(09:44 Total Seats : 1 Seat Number : 5	0)
5	Fare Rs : 465.00	
+	Contact Details	
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Ł	Passenger 01	5
0	8 Name / -114	
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Proceed / पूढे जा

Bill Payment In MSRTC

Select the Payment Gateway

< 2	SRTC Mobile Reservation			
₹	Payment Details			
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	Payment Details (₹	Payment Details (₹)		
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ASN Amount		1.00		
Tot (in	al Chargable Amount cluding Service Tax)	465.00		

Check journey details & click Pay

e Co	onfirmation				
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	Mobile Number : +91-96	04986493			
🖹 Pa	ssenger Details				
Sr. No.	Name	Age	Gender		
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Pay / अदा करा

Pay With Atom

Bill Payment In Zomato

Select The Hotel

Select The Menu



Bill Payment In Zomato





Ashoka's Veg Restaurant

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31, Opposite Kohinoor Plaza, Near M P Law College, Ni...

Placed order and pay money through different option such as

- 1. Payment Wallet
- 2. Debit Card
- 3. Cash on delivery



Mobile Recharge Using Paytm

Click on mobile prepaid to recharge mobile.



Select the sim type & enter the mobile number

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Mobile Recharge Using Paytm

Enter available promocode to get

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Proceed to recharge to pay through different option such as

- 1. Payment wallet
- 2. Debit card



Bill Payment In OLA



-

Enter Drop location & click on Ride now



Tap on Confirm Booking

Auto, 4min away





Bill Payment In OLA

Go to My profile then tap on payments

My Profile > Join Ola Select Ola Pass Share Pass useum (m Book Your Ride 1 (I) Your Rides æ Self-Drive Bookings (1) Know Your Rides 1 Rate Card D'DD Ola Money m Un C e Payments filt Refer & Earn Support (1) About Version 5.0.10

Choose Credit card/Debit card or BHIM(UPI)

=	Payments
•	Ola Money Wallet Wallet balance: ₹0
+	Add more Ola Money
=	Add a Credit/Debit Card
G Pay	Google Pay
L1=10	Add Existing UPI ID Pay for rides using your existing UPI ID
0	Jio Money
0	Cash



4. Email, Social Media and Mobile Apps





Play Store / प्ले स्टोर

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Tools

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GetApps

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Play

Security



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Search for the Play store icon on your mobile screen, then click on that icon.



Inside Play Store



- After click you will be able to see what is inside play store.
- Here, various apps can be seen.
- Like games, Sudoku.

Daily news applications are also available on play store.

Search Tab In Play Store

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Searching The Application

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Selecting Desired App





4.6

🗞 Installing Process/ प्रक्रिया करणे





WHATS APP ACCOUNT

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आता परेंत आपण बघितलं , प्लायस्टोरे वरून अँप्लिकेशन कास डाउनलोड करायच . व्हाट्स अँप वर अकाउंट कस उघढयचं ?

िस्टीन BASIC PROCESS/ मूलभूत प्रक्रिया





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Selecting Picture From Gallery



Setting IMAGE/ चित्र सेट करणे



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- त्याला वाढवा.

Click on OK. ओके वर दाबा.







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4.16







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हिताल Gmail/जी मेल उघडणं



🗞 Writing Information/ जाणकारी लिहणे

Google

Create a Google Account

Enter your name



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Gmail Address / जीमेल पत्ता

Google

Choose your Gmail address

Pick a Gmail address or create your own

- pawalh633@gmail.com
- alhpaw436@gmail.com
- Create your own Gmail address

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Use mobile



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Pick a Gmail address or create your own

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Next





operator or via SMS (charges may apply)

Final Step

by exchanging your device info with your operator or via SMS (charges may apply)



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5. Usage of Government Services













ALL About UMANG App

- The app can be downloaded on Android, iOS and Windows phones for free.
- 2. The **Umang app** is a unified **application** that can be used to avail a number of pan India e-government services such as filing income tax, making Aadhar and provident fund queries, booking a gas cylinder, Passport Seva, among others.



Power of One

Unified Mobile app for availing various major government services.

UMANG



Submit applications, track status and avail services on your mobile.



Key Advantages of UMANG App

- Single-point of access for about 200 government services such as filing income tax, Aadhar, Provident Fund, Gas Booking, Passport Seva among others.
- 2. It **reduces clutter** and eliminates the need to install individual departmental apps.
- **3. 24/7 online access** allows one to use services, view documents etc.
- Significant time savings, by avoiding visits to government departments and waiting in queues.
- 5. Provides a secure, uniform and **user friendly** experience.





How To Register and Login






UMANG App Home Screen



Key Features

- 1. Integration with Aadhaar, PayGov, Digilocker.
- 2. Ease of Access.
- **3. Government Services on your finger** Tips.
- 4. Dedicated Customer Support.



All About HP Gas







Refill HP Gas using UMANG

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e-Hospital on UMANG App







All About Aadhaar Card







Register Using UAN Number

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Pensioner and General Services

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Pensioner Login Screen

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Kisan Suvidha and VIP Info.





Company and details for Kisan

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All about PAN Card

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Correction of PAN Card











6. Common Frauds and Security Precautions







Online Safety Basics

- **1.** Never Assume A Stranger Online is Trustworthy: Unless you have a realworld relationship with the person trying to communicate with you over email, video chat and messaging, or social media, they're likely looking to take advantage of you.
- 2. Never Provide Any of Your Sensitive Information Online: There are many scams online designed to trick you into giving the scammer your private information.
- 3. Never listen to Request to validate your banking login information
- 4. Never believes messages like "You've Won a Prize": They tell you that you only have to give them some basic information to collect your prize.
- 5. Do not trust someone simply because they know personal information about you: It's easy for a scammer to do some basic research about you and your family and to use that information to gain your trust.
- 6. Never send money to someone you do not know
- 7. Always validate someone's identity before trusting him or her, especially when being asked to send money
- 8. Do not share private information on social media

Precautions in Online Transactions

- 1. Don't Make your password too simple
- 2. Don't Use the same password for all your accounts
- 3. Don't keep your passwords in an unsecured location
- 4. Avoid Sharing your passwords to anyone
- 5. Set a strong and complex password.
- 6. While transacting, Do not share your One Time Password (OTP) with anyone.



Security of Mobile Phone Usage

- 1. Use strong password meaning password should have combination of capital letters, small case letters, Numbers and special characters.
- 2. Do not write password anywhere in a file or diary so that other can find it easily.
- Try to avoid the publically available machines for online transactions.
 Preferably use personal devices.
- 4. Always try to purchase from reliable E-commerce portal.
- 5. Should have URL starting with "https" and not with "http".





Do not share password and OTP

- 6. Do not give your mobile phone to unknown person.
- If you are installing any app on mobile make sure it is download from reliable source.
- 8. If you are performing online transaction, Do not share username, password, OTP with anyone.
- 9. If you are using credit card, debit card for transaction, make sure nobody watching your activity. No financial organization like bank, LIC are never ask you your A/C number, password OR OTP. Do not share this information to anybody.



will lead to your way of Life.



Security

- 10. Do not respond to the phone calls from unknown person pretending like bank employee.
- 11. Do not share personal details social networking sites.
- 12. Awareness plays important roll regarding frauds and issues happening around.
- 13. Do not open mail from unknown source.
- 14.Remember nothing is free in this world. Nobody give you million dollars OR lottery money!!. This may fishing attack.
- 15. Never save bank account detail in mobile wallet app, if saved earlier clear it.







7. Government Schemes, Programs for welfare







Rashtriya Vayoshri

Yojana

त्र जन आरोउट्य साम संस

National Policy on Older Persons

- 1. The Government of India announced a National Policy on Older Persons in January, 1999. This policy provides a broad framework for inter-sectoral collaboration and cooperation.
- The policy has identified a number of areas of intervention financial security, healthcare and nutrition, shelter, education, welfare, protection of life and property etc. for the wellbeing of older persons in the country.
- 3. While recognizing the need for promoting productive ageing, the policy also emphasizes the importance of family in providing vital non formal social security for older persons.
- 4. To facilitate implementation of the policy, the participation of Panchayati Raj Institutions, State Governments and different Departments of the Government of India is envisaged with coordinating responsibility resting with the Ministry of Social Justice & Empowerment.

NATIONAL POLICY ON OLDER PERSONS

Components

- 1. Support for financial security
- 2. Health Care
- 3. Shelter
- 4. Welfare and other needs of older persons
- 5. Protection against abuse and exploitation
- 6. Opportunities for development of the potential of older persons
- 7. Improving quality of life

NPOP agenda for Health Care for Elderly



National Council for Older Persons

The basic objectives of the NCOP are to...

- 1. Advice the Government on policies and programmes for older persons....
- Provide feedback to the Government on the implementation of the National Policy on Older Persons as well as on specific programme initiatives for older persons....
- 3. Provide lobby for concessions, rebates and discounts for older persons both with the Government as well as with the corporate sector
- 4. Represent the collective opinion of older persons to the Government
- 5. Suggest steps to make old age productive and interesting...
- 6. Suggest measures to enhance the quality of inter-generational relationships...
- 7. Undertake any other work or activity in the best interest of older persons.



Old Age Social & Income Security

- 1. The Ministry has also launched a project called "Old Age Social and Income Security (OASIS)": The project is looking at the pension and gratuity schemes of the central government and old age pension provided under National Social Assistance Programme (NSAP).
- 2. Indira Gandhi National Old Age Pension Scheme (IGNOAPS): The pension is Rs.200 p.m. for persons between 60 years and 79 years. For persons who are 80 years and above the pension is Rs.500/- per month.

Vision & Objectives of NPHCE

Vision:

- 1. To provide accessible, affordable, and high-quality long-term, comprehensive and dedicated care services to an Ageing population;
- 2. Creating a new "architecture" for Ageing;
- To build a framework to create an enabling environment for "a Society for all Ages";
- 4. To promote the concept of Active and Healthy Ageing;
- 5. Convergence of NRHM, AYUSH & all other dept

Objectives:

- 1. To provide an easy access to promotional, preventive, curative and rehabilitative services to the elderly through community based primary health care approach
- 2. To identify health problems in the elderly and provide appropriate health interventions in the community with a strong referral backup support.
- 3. To build capacity of the medical and paramedical professionals as well as the caretakers within the family for providing health care to the elderly.
- 4. To provide referral services to the elderly





Supplementary Strategies for NPHCE



Promotion of public private partnerships in Geriatric Health Care.



Mainstreaming AYUSH and convergence with programmes of Ministry of Social Justice and Empowerment in the field of geriatrics.



Reorienting medical education to support geriatric issues.

Voluntary Organizations for Care of Aged

HELP AGE INDIA

AGE CARE INDIA

OLD AGE HOMES



VIELT Voluntary Organizations for Care of Aged

- **1.** Help age India was established in 1978 on the pattern of help the aged society of England. It is working nation wide for the cause and care of the aged people.
- 2. Age care is registered as a charitable trust. It is India's leading health care company which believes in giving support to the old age people, physically challenged person and families. It effectively makes you independent by providing their excellent service at your door step.
- **3. Old age homes** provides provide all the convenience and comfort to combat their loneliness and to contact and interaction with other people. There are 300 something Old age homes in India, which are mostly in urban areas.
- **4. Aastha Foundation Aurangabad** is a NGO Registered in 2008 under societies and trust act. It is helping Senior Citizens who are badly in need of Geriatric care and is also providing a Certificate Course in Geriatric Care in Association with TATA INSTITUTE OF SOCIAL SCIENCES, Mumbai (TISS).

ONTELTOther Policies, Facilities, Allowances & Benefits

- 1. Annapurna
- 2. Pension and family pension
- 3. Income Tax Rebate (Section 88B of Finance Act, 1992)
- 4. Insurance schemes
- 5. Deduction in respect of medical treatment
- 6. Banking
- 7. Travel
- 8. Magazines for the elderly

Need for Dedicated Health care for elderly

Decrease in physical ability / Economic inadequacy

Increase vulnerability to diseases

Chronic, disabling and multiple Health problems

Different approach and management

Degradation in family values

Rising Population



Health risks of Elderly


Common Morbidities in Elderly in India

Cataract &Visual impairment- 88%

Arthritis & locomotion disorder-40%

CVD &HT – 18%

Neurological problems- 18%

Respiratory problems including Chronic bronchitis- 16%

> GIT pro blems 9%

> > Psychi atric proble ms-9%



Source: National Programme for Health Care of Elderly by Ms. Madhuri Bind (K J Somaiya College)

Major constraints for Geriatric Health Care

Lack of specialized and trained manpower

No dedicated health care infrastructure Geriatrics not yet a popular specialty









8. Legislations, Acts and Personal Laws









Statutory Provisions

- **1. Article 41** of the Constitution provides The State shall, within the limits make effective provision for securing the right to work, to education and to public assistance in case of unemployment, old age...
- **2. Hindu Adoption and Maintenance Act, 1956:** Maintenance of aged and infirm parents obligatory
- 3. Muslim Personal Law: Provides for care and support of parents
- 4. Criminal Procedure Code (Cr.P.C.) 1973: Also ensures maintenance of parents by children









The Act provides for :

- effective mechanism for parents and senior citizens to claim needbased maintenance from their children/grand children, relatives;
- maintenance claim for the benefit of those senior citizens, who do not have children, grand children or relatives.
- proper mechanism for protection and care of senior citizens



Preliminary

- **1.** *"children"* includes son, daughter, grandson and grand-daughter but does not include a minor
- **2. "maintenance"** includes provisions for food, clothing, residence and medical attendance and treatment
- **3.** "parent" means father or mother whether biological, adoptive or step father or step mother, as the case may be, whether or not the father or the mother is a senior citizen;
- **4.** *"relative"* means any legal heir of the childless senior citizen who is not a minor and is in possession of or would inherit his property after his death
- **5.** *"senior citizens"* means any person being a citizen of India, who has attained the age of sixty years or above
- **6. "welfare"** means provision for food, health care, recreation centres & other amenities necessary for the senior citizens

Maintenance of Parents & Senior Citizens

- 1. A senior citizen including parents who is unable to maintain from his own earning or out of the property owned by him, shall be entitled to make an application (u/s 5) against one or more of his children not being a minor or certain relative.
- 2. It is obligatory on children or relative to maintain a senior citizen extends to the needs of such citizen so that **senior citizen may lead a normal life**.
- 3. Any person being a **relative** of a senior citizen and having sufficient means shall maintain such senior citizen provided he is in **possession of the property** of such citizen or he would inherit the property of such senior citizen. In cases of more relatives the maintenance shall be payable in the proportion in which they would inherit his property.
- 4. Who can apply: An application for maintenance (u/s 4) can be made by
 - a) by a senior citizen or a parent
 - b) by any other person or registered organization* authorized by him;
 - c) or the Tribunal may take cognizance **suo motu**.



Salient Features

- 1. Maintenance of Parents and Senior Citizens (Chapter II)
- 2. Establishment of Old Age Homes (Chapter III)
- 3. Provisions For Medical Care Of Senior Citizens (Chapter IV)
- 4. Protection of life and Property of Senior Citizens (Chapter V)
- 5. Offences and Procedure For Trial (Chapter VI)
- 6. Role of State Governments (Miscellaneous) Chapter VII)





Maintenance of Parents and Senior Citizens (Chapter II)

- 1. Application for maintenance (Sec-5(1))
- 2. Provision for interim maintenance allowance (Sec-5(2)
- 3. Amount of Maintenance to be determined on inquiry (Sec-5(3)
- Monthly allowance for maintenance shall be disposed within 90 days (Sec-5(4))
- 5. Fine and/or imprisonment up to one month if monthly maintenance is not paid (Sec-5 (8))
- 6. The Tribunal may refer the case to Conciliation Officer before hearing an application (Sec-6(6)



Maintenance of Parents & Senior Citizens (Chapter II)

- 1. Constitution of Maintenance Tribunal (Sec-7)
- 2. Summary Procedure in Case of Inquiry (Sec-8)
- The Tribunal shall have all the powers of Civil Court for taking evidence, the attendance of witness
- It shall be deemed as a Civil Court for all purposes of Section 195 and Chapter XXVI of Code of Criminal Procedures 1973
- The Tribunal may choose special knowledgeable person to assist in adjudicating and deciding upon any claim for maintenance



- 1. Maintenance Officer
 - a. The State Government may designate District Social Welfare Officer as Maintenance Officer to represent the parent during proceedings of Tribunal/Appellate Tribunal (Sec-18(1))
 - b. He may also function as a Conciliation Officer to settle the case amicably (Sec- 6(6))
- 2. Non Representation by Lawyers (Sec-17)



Source: Maintenance & Welfare of Parents And Senior Citizens Act, 2007 by Capt. S.K.Bhandari & The ASFIC Team

SUMMARY TRIAL & FLEXIBLE JURISDICTION

Notice, Application & Inquiry	Tribunal & Maintenance	Appellate Tribunal (AT)
 Notice to the children or relative (one or more). Children or relative may implead others. Application to be disposed within 90 -120 days after parties are heard. Inquiry for deciding amount of maintenance. Reference to Conciliation Officer for his report within 30 days. 	■SDO to head Tribunal & have all the powers of a Civil Court ■Deliberate neglect - ex parte order. Maximum maintenance is INR 10000 p.m. Simple interest is payable & Compliance in 30 days. Non Compliance of Order leads to warrant and Imprisonment up to 1 month for non payment of Maintenance allowance	 DM (District Magistrate) shall be AT. Appeal within 60 days from the date of the order. Delay can be condoned. AT shall serve a notice to the respondent and AT may call for the record of proceedings AT may allow / reject appeal within 30 days and order shall be final. Order copies to parties FOC.

Legal practitioner not allowed & District Social or Maintenance Officer can represent Senior Citizens. The Tribunal may order interim maintenance allowance.



Old Age Homes & Medical Care – Chapter III & IV (S. 19-20)

- 1. The State Government may Establish at least one **Old age home** in each district to care minimum of **150** indigent senior citizens, Sec-19(1);
- 2. Prescribe a Scheme for Maintenance of old age Homes Sec-19(2)
- Scheme for standards and various types of services necessary for medical care and means of entertainment to the inhabitants, Sec-19(2)
- 4. The State Government shall ensure, (Sec-20)
 - i. Beds for all Senior Citizens in Government and Aided hospitals
 - ii. Separate queues Facility for treatment of chronic elderly diseases and Research in this respect to be expanded
 - iii. Earmarked facilities in every District Hospital for Geriatric patients headed by a Medical Officer



- 1. The State Government shall prescribe a comprehensive Action Plan for protection of life and property. (Sec-22(2))
- 2. The State Government shall take all measures to ensure,
 - Wide publicity, awareness at regular intervals. (Sec-21(i))
 - ii. Periodic sensitization and awareness training on the issues related to the Act. (Sec-21(ii))
 - iii. Coordination between the services provided by the concerned Departments dealing with Law, Home Affairs, Health and Welfare etc. (Sec-21(iii))

Offences & Procedure for Trial (Chapter-VI)

- 1. Transfer of property to be void in certain circumstances, (Sec-23(1))
- Punishment for abandoning a senior citizen, (Sec-24)
 - a. Imprisonment upto 3months
 - b. Fine upto Rs. 5000
 - c. or with both



Contract Role of the State Government

- 1. The State Government shall notify the date of enforcement of the Act in the State
- 2. The State Government shall make rules for carrying out the proposes of the Act.
- 3. They shall constitute Maintenance Tribunals within six months from the date of enforcement of the Act and Appellate Tribunals.
- 4. To designate the presiding officers of the Maintenance/Appellate Tribunals and the Maintenance Officer.
- 5. To establish old age homes & to prescribe a scheme for management of old age homes, including the standards and services to provided.
- To provide medical support to senior citizens as envisaged in Chapter IV of the Act
- 7. To prescribe a comprehensive action plan for providing protection of life and property of senior citizens.
- 8. To remove any difficulties in implementation of the Act

Role of the State Government

- 1. Rules framed by the State Government may provide for (Sec-32)
 - a. holding enquiry
 - b. power and procedure of the Tribunal
 - c. maximum maintenance allowance
 - d. scheme for management of Old Age Homes
 - e. powers and duties of Authority
 - f. comprehensive Action Plan for providing protection of life and property of senior citizens



- To give wide publicity about the provisions of the Act
- 2. To assist the older persons/parents in making an application for maintenance (Sec-5(1)(b))
- 3. To Act as conciliation officer (6(6))
- 4. To assist Tribunals in holding an enquiry (8(3))
- 5. Represent a senior citizen for declaration of transfer of property void (Sec- 23 (3))

Role of Central Government

- 1. The Central Government may
 - a. direct State Government on execution of the provisions of the Act, (Sec-30)
 - b. make periodic review and monitor the provisions (Sec-31)







- 1. Officers to be public servants
- 2. Jurisdiction of civil courts barred
- 3. Protection of action taken in good faith
- 4. Power to State Govt. remove difficulties
- 5. Power of Central Government to give directions
- 6. Power of Central Government to review
- 7. Power of State Government to make rules



















